

# Grilled Greek Yogurt Chicken

Yield: 5 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/cavender-s-greek-seasoning-salad-dressing-recipe>

## Ingredients:

- 1 package chicken breasts Perdue Perfect Portions, 5 per pack
- 2 cups plain greek yogurt
- 1 lemon
- 5 tablespoons Cavenders Greek Seasoning
- 1/2 cup green onions tips only
- 1 cup Roma tomatoes diced, or grape tomatoes cut in half
- 1 cup feta cheese
- 1/2 cup salad dressing Kens Greek, optional

## Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 95 milligrams
4. Fat: 25 grams
5. Fiber: 2 grams
6. Protein: 27 grams
7. SaturatedFat: 10 grams
8. Sodium: 490 milligrams
9. Sugar: 8 grams

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