

Honey Roasted Carrots and Parsnips

Yield: 5 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/thanksgiving-recipe-carrots-and-parsnips>

Ingredients:

- 1/2 pound carrots
- 1/2 pound parsnips
- 1 tablespoon olive oil
- 1 tablespoon butter melted
- honey drizzle of
- cinnamon sprinkle of
- 1 pinch kosher salt

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 5 milligrams
4. Fat: 5 grams
5. Fiber: 5 grams
6. Protein: 1 grams
7. SaturatedFat: 2 grams
8. Sodium: 110 milligrams
9. Sugar: 7 grams

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