

Carla Hall's Amazing Fried Chicken

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/carla-hall-s-southern-biscuit-recipe>

Ingredients:

- dry rub
- 1 tablespoon salt
- 1 tablespoon black pepper
- 1 tablespoon garlic powder
- 1 tablespoon onion powder
- 1 tablespoon cayenne pepper
- 1 organic chicken small, cut into 10 pieces
- 3 eggs
- 1 cup buttermilk
- 1/4 cup water
- flour for coating chicken pieces, or gluten-free blend such as Bob's Red Mill Gluten-Free All-Purpose Flour *
- salt
- pepper
- peanut oil for frying
- 2 tablespoons cornstarch

Nutrition:

1. Calories: 920 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 410 milligrams
4. Fat: 63 grams
5. Fiber: 2 grams
6. Protein: 67 grams
7. SaturatedFat: 19 grams
8. Sodium: 2300 milligrams
9. Sugar: 4 grams

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