

Prosciutto e Melone (Italian Ham and Melon)

Yield: 8 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-ham-and-melon-recipe>

Ingredients:

- 1 cantaloupe seeded and cut into 8 wedges
- 8 slices prosciutto

Nutrition:

1. Calories: 50 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 10 milligrams
4. Fat: 1.5 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. Sodium: 220 milligrams
8. Sugar: 6 grams

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