

# Italian Seasoned Fresh Green Beans

Yield: 6 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/seasoned-italian-green-beans-casserole-recipe>

## Ingredients:

- 1 pound green beans fresh, frozen or canned all work
- 2 tablespoons Italian dressing

## Nutrition:

1. Calories: 35 calories
2. Carbohydrate: 6 grams
3. Fat: 1.5 grams
4. Fiber: 2 grams
5. Protein: 2 grams
6. Sodium: 85 milligrams
7. Sugar: 3 grams

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