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Chinese-Style Button Mushroom Soup

Yield: 4 min Total Time: 40 min

Recipe from: https://www.recipeschoose.com/recipes/chinese-whole-button-mushroom-recipe

Ingredients:

- 8 ounces button mushrooms the smaller the better
- 2 tablespoons vegetable oil
- 4 cups water
- 1 1/2 teaspoons light soy sauce
- salt unchecked?, to taste
- 2 tablespoons cornstarch combined into a slurry with 2 tablespoons water, optional
- 1/2 cup cilantro finely chopped
- 1 scallion chopped

Nutrition:

- 1. Calories: 90 calories
- 2. Carbohydrate: 6 grams
- 3. Fat: 7 grams
- 4. Fiber: 1 grams
- 5. Protein: 2 grams
- 6. Sodium: 320 milligrams
- 7. Sugar: 1 grams

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