

# Candied Yam Cupcakes

Yield: 24 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-style-candied-yams-recipe>

## Ingredients:

- 1 pound yams peeled and cubed
- 4 eggs
- 1 cup canola oil
- 1 cup white sugar
- 1 teaspoon vanilla extract
- 2 cups all-purpose flour
- 2 teaspoons baking powder
- 1 teaspoon baking soda
- 2 teaspoons ground cinnamon
- 1 teaspoon salt
- 3 ounces cream cheese
- 1/2 cup butter softened
- 1 teaspoon vanilla extract
- 2 cups confectioners sugar

## Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 32 grams
3. Cholesterol: 50 milligrams
4. Fat: 15 grams
5. Fiber: 1 grams
6. Protein: 3 grams
7. SaturatedFat: 4 grams
8. Sodium: 250 milligrams
9. Sugar: 19 grams

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