

Mashed Yams in Orange Cups

Yield: 18 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/candied-yams-casserole-with-marshmellows-recipe-southern-style>

Ingredients:

- 6 pounds yams large, red-skinned sweet potatoes
- 3/4 cup marshmallow creme
- 9 tablespoons butter room temperature
- 6 tablespoons maple syrup
- 3 large eggs
- 9 oranges large
- marshmallow creme Additional
- 36 pecan halves

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 71 grams
3. Cholesterol: 50 milligrams
4. Fat: 11 grams
5. Fiber: 11 grams
6. Protein: 6 grams
7. SaturatedFat: 4 grams
8. Sodium: 75 milligrams
9. Sugar: 11 grams

Thank you for visiting our website. Hope you enjoy Mashed Yams in Orange Cups above. You can see more 15 candied yams casserole with marshmallows recipe southern style Taste the magic today! to get more great cooking ideas.