

Three Herb Chicken & Mushrooms

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/campbells-chicken-mushroom-swiss-wine-recipe>

Ingredients:

- 1 1/2 pounds boneless skinless chicken breast cut into large strips
- 1/4 teaspoon salt or to taste
- 1/8 teaspoon pepper
- 1 teaspoon dried rosemary or 1 tablespoon fresh, divided
- 1 teaspoon dried thyme or 1 tablespoon fresh, divided
- 2 tablespoons olive oil
- 8 ounces mushrooms sliced or quartered
- 1 teaspoon chopped garlic
- 1 tablespoon flour
- 1 cup chicken broth
- 1/2 cup wine or additional chicken broth
- 1 tablespoon Dijon mustard
- 1 tablespoon fresh parsley chopped

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 110 milligrams
4. Fat: 13 grams
5. Fiber: 1 grams
6. Protein: 39 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 370 milligrams
9. Sugar: 2 grams

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