

Coconut Cauliflower Indian "Rice" Pudding

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/delicious-cauliflower-indian-recipe>

Ingredients:

- 1 cup riced cauliflower you can do this by adding cauliflower to your blender until fine like rice
- 1/2 cup dairy-free milk coconut milk will make it more rich or you can opt for almond milk
- 2 egg whites organic
- 1/4 cup unsweetened shredded coconut
- 1 teaspoon turmeric powder
- 1/2 teaspoon cinnamon
- 1/4 teaspoon cardamom
- 1/4 teaspoon ginger dried
- raw honey or stevia to taste
- 1 pinch sea salt
- cracked pepper
- herb
- ghee
- 1 tablespoon Collagen