

# Caldo de Pollo

Yield: 6 min  
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/caldo-de-gallina-peruvian-recipe>

## Ingredients:

- 5 chicken thighs you can use 1 whole chicken as well
- 3 potatoes cubed
- 1 large carrot sliced
- 2 chayote cubed
- 2 zucchinis sliced
- 1 gallon water
- 2 corn cobs in thirds
- 1 onion sliced
- salt
- pepper
- 1 bay leaf

## Nutrition:

1. Calories: 540 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 160 milligrams
4. Fat: 29 grams
5. Fiber: 5 grams
6. Protein: 37 grams
7. SaturatedFat: 8 grams
8. Sodium: 330 milligrams
9. Sugar: 6 grams

---

Thank you for visiting our website. Hope you enjoy Caldo de Pollo above. You can see more 19 caldo de gallina peruvian recipe Cook up something special! to get more great cooking ideas.