

# Creamy White Wine Sauce

Yield: 8 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/calamari-in-a-creamy-white-wine-sauce-recipes>

## Ingredients:

- 1 cup heavy whipping cream
- 3/4 cup white wine
- 2 tablespoons flour all-purpose
- 1 teaspoon salt
- 1 teaspoon dried parsley

## Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 40 milligrams
4. Fat: 11 grams
5. Protein: 1 grams
6. SaturatedFat: 7 grams
7. Sodium: 310 milligrams

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