

Italian Sausage Thanksgiving Dressing

Yield: 4 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/quinoa-thanksgiving-dressing-recipe>

Ingredients:

- 1 pound Italian sausage I recommend mild/sweet and then adding additional heat if desired
- 1 onion chopped
- 2 stalks celery chopped
- 6 cloves garlic minced
- 1 cup chopped mushrooms
- 1 Granny Smith apple grated, a food processor is handy but not necessary
- 16 ounces stuffing cubed, or dressing, I like Pepperidge Farms; for this recipe, I try to stay away from Stove Top because the flavor...
- 2 1/2 cups chicken broth
- 1 cup chopped pecans toasted, optional
- 1/2 cup dried cranberries + cup, optional

Nutrition:

1. Calories: 1110 calories
2. Carbohydrate: 108 grams
3. Cholesterol: 85 milligrams
4. Fat: 60 grams
5. Fiber: 8 grams
6. Protein: 35 grams
7. SaturatedFat: 15 grams
8. Sodium: 2690 milligrams
9. Sugar: 20 grams

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