

New Year's Day Black Eyed Peas Soup

Yield: 12 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/new-year-s-day-soup-recipe>

Ingredients:

- 24 ounces black-eyed peas frozen
- 1/2 pound lean bacon slab of, cut into 1/4-inch cubes, about 2 cups
- 1 cup chopped onion
- 3/4 cup chopped celery
- 2 large carrots peeled and chopped
- 15 ounces tomatoes with green chilis
- 4 cups chicken broth
- 1 teaspoon dried Italian herbs
- salt to taste if desired
- 2 cups fresh greens chopped, spinach, kale, collards
- water as needed for consistency
- fresh chopped parsley for garnish, optional

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 15 milligrams
4. Fat: 10 grams
5. Fiber: 1 grams
6. Protein: 18 grams
7. SaturatedFat: 3 grams
8. Sodium: 270 milligrams
9. Sugar: 2 grams

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