

BEST Cabbage Soup

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-cabbage-soup-recipe-vegetarian>

Ingredients:

- 2 tablespoons olive oil
- 1 onion diced
- 1 large carrot diced
- 2 celery stalks diced
- 2 garlic cloves minced
- 1/2 teaspoon dried oregano
- 1/2 teaspoon dried basil
- 1/2 teaspoon salt
- 1/2 cabbage chopped
- 14 ounces diced tomatoes
- 6 cups vegetable broth depending how thick or brothy you'd like it
- 2 tablespoons lemon juice
- 1/4 cup chopped fresh parsley
- cracked black pepper unchecked?, to taste

Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 19 grams
3. Fat: 7 grams
4. Fiber: 5 grams
5. Protein: 3 grams
6. SaturatedFat: 1 grams
7. Sodium: 1750 milligrams
8. Sugar: 9 grams

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