

Chinese Chicken Cabbage Noodle Soup

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-chicken-thigh-soup-recipe>

Ingredients:

- 1 chicken thigh large, or 2 smaller ones
- 1 teaspoon soy sauce
- 1/2 teaspoon sherry or use red wine and a drizzle of honey
- 1 teaspoon sesame oil divided
- 1 garlic clove smashed and minced
- 1 teaspoon peanut butter
- 1 teaspoon fresh ginger grated
- 1/2 teaspoon rice vinegar
- 12 teaspoons chili pepper and garlic sauce
- 6 leaves cabbage shredded or chiffonade**
- 1 teaspoon canola oil
- 1 scallion diced
- 2 cups chicken broth
- 2 ounces noodles long, with water to cook

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 60 milligrams
4. Fat: 14 grams
5. Fiber: 3 grams
6. Protein: 16 grams
7. SaturatedFat: 3 grams
8. Sodium: 410 milligrams
9. Sugar: 3 grams

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