

# Butternut Squash Pudding

Yield: 3 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/butternut-squash-pudding-recipe-southern-living>

## Ingredients:

- 3/4 cup light brown sugar packed
- 3 tablespoons corn starch
- 1 cup butternut squash roasted, purée\*
- 2 cups half and half
- 1 pinch salt
- 3 large egg yolks
- 1 teaspoon vanilla extract
- 2 tablespoons butter cut into pieces

## Nutrition:

1. Calories: 600 calories
2. Carbohydrate: 74 grams
3. Cholesterol: 290 milligrams
4. Fat: 32 grams
5. Fiber: 1 grams
6. Protein: 8 grams
7. SaturatedFat: 18 grams
8. Sodium: 250 milligrams
9. Sugar: 55 grams

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