

Easy White Wine Sauce

Yield: 4 min
Total Time: 13 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-with-chinese-white-wine-sauce>

Ingredients:

- 4 cloves garlic
- 1 shallot 1/4 cup finely chopped
- 4 tablespoons salted butter
- 1 tablespoon flour or gluten-free flour
- 1/2 cup white wine
- 1/2 cup heavy cream or milk
- 1/4 cup shredded Parmesan cheese
- 1/4 teaspoon kosher salt

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 85 milligrams
4. Fat: 26 grams
5. Protein: 4 grams
6. SaturatedFat: 16 grams
7. Sodium: 340 milligrams

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