

Creamy Pesto Chicken Pasta with Bacon and Veggies

Yield: 8 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-recipe-for-oxtails-with-butter-beans>

Ingredients:

- 2 tablespoons extra virgin olive oil
- 2 chicken breasts large, lightly seasoned with salt and pepper
- 1 pound bowtie pasta mini
- 2 tablespoons extra virgin olive oil
- 1 onion medium, finely chopped
- 3/4 cup red bell pepper finely chopped
- 2 cups sliced mushrooms
- 2 tablespoons minced garlic
- 4 cups broccoli florets
- 15 ounces butter beans can large, or other white bean
- 15 ounces reduced sodium chicken broth can
- 1 cup heavy whipping cream
- 1/2 cup pesto prepared basil
- 1/2 cup grated Parmesan cheese
- 1 cup bacon cooked, crumbled, pieces

Nutrition:

1. Calories: 750 calories
2. Carbohydrate: 84 grams
3. Cholesterol: 80 milligrams
4. Fat: 32 grams
5. Fiber: 14 grams
6. Protein: 33 grams
7. SaturatedFat: 12 grams
8. Sodium: 470 milligrams
9. Sugar: 9 grams

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