

Simple Milk Powder Burfi

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/burfi-indian-dessert-recipe>

Ingredients:

- 1 cup milk powder
- 1/2 cup powdered sugar
- 1/4 cup milk
- 1/4 cup butter
- saffron strands optional
- fruits optional

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 65 milligrams
4. Fat: 21 grams
5. Protein: 9 grams
6. SaturatedFat: 13 grams
7. Sodium: 210 milligrams
8. Sugar: 30 grams

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