

Buca di Beppo Penne San Remo

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/buca-di-beppo-italian-vinaigrette-dressing-recipe>

Ingredients:

- 1 pound penne pasta
- 1 1/2 tablespoons all purpose flour
- 2 teaspoons Italian seasoning
- 1 teaspoon freshly ground black pepper to taste
- 4 boneless skinless chicken breasts about 1/4-inch thick
- 1 tablespoon butter
- 3 tablespoons olive oil
- 3/4 cup marinated artichokes cut into quarters
- 3/4 cup sun dried tomato julienned
- 2 tablespoons fresh garlic minced
- 3/4 cup white wine
- 1 1/2 cups Alfredo sauce store bought or homemade
- 1/2 cup green peas cooked
- salt
- freshly ground black pepper

Nutrition:

1. Calories: 1360 calories
2. Carbohydrate: 136 grams
3. Cholesterol: 185 milligrams
4. Fat: 54 grams
5. Fiber: 11 grams
6. Protein: 74 grams
7. SaturatedFat: 17 grams
8. Sodium: 3050 milligrams
9. Sugar: 14 grams

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