

Matzo Ball Soup

Yield: 4 min
Total Time: 100 min

Recipe from: <https://www.recipeschoose.com/recipes/best-jewish-matzo-ball-soup-recipe>

Ingredients:

- 1 tablespoon vegetable oil \$0.04
- 2 cloves garlic \$0.16
- 1 yellow onion \$0.37
- 3 carrots \$0.32
- 3 stalks celery \$0.56
- 1 chicken breast about 3/4 lb.* \$1.33
- 6 cups chicken broth ** \$0.76
- 2 cups water \$0.00
- cracked pepper Freshly, \$0.05
- 3 sprigs fresh dill \$1.19
- 3 large eggs \$1.13
- 3 tablespoons vegetable oil \$0.12
- 3/4 cup matzo meal \$0.80
- 1 teaspoon salt \$0.05
- 1/2 teaspoon baking powder \$0.02
- cracked pepper Freshly, \$0.02
- 3 tablespoons water \$0.00

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 195 milligrams
4. Fat: 23 grams
5. Fiber: 3 grams
6. Protein: 27 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 940 milligrams
9. Sugar: 4 grams

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