

Balsamic Bacon Brussel Sprout Salad

Yield: 8 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/rpm-italian-brussel-sprout-salad-recipe>

Ingredients:

- 2 pounds brussel sprouts
- 1/2 pound bacon cooked and crumbled
- 1/3 cup Crasins
- 1/3 cup chopped pecans
- 1/4 cup crumbled blue cheese
- 2 tablespoons olive oil
- 2 tablespoons balsamic dressing
- 1 tablespoon Dijon mustard or brown
- 1 tablespoon honey
- 1/2 teaspoon garlic salt
- ground pepper fresh

Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 20 milligrams
4. Fat: 21 grams
5. Fiber: 6 grams
6. Protein: 8 grams
7. SaturatedFat: 6 grams
8. Sodium: 330 milligrams
9. Sugar: 6 grams

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