

# Cheesy Bacon Brussel Sprout Casserole

Yield: 9 min  
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/brussel-sprouts-recipe-for-christmas-dinner>

## Ingredients:

- 2 pounds brussel sprouts halved, fresh or frozen and thawed
- 1/2 pound bacon crumbled
- 1 cup sharp cheddar cheese grated
- 1 cup fontina cheese grated
- 1 cup heavy cream
- 2 eggs
- 2 cloves garlic minced
- 2 tablespoons extra virgin olive oil
- 1/2 teaspoon fresh thyme minced
- kosher salt
- freshly ground pepper

## Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 140 milligrams
4. Fat: 36 grams
5. Fiber: 4 grams
6. Protein: 15 grams
7. SaturatedFat: 17 grams
8. Sodium: 550 milligrams
9. Sugar: 3 grams

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