

Lemon Ginger Immune Boosting Tea

Yield: 1 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/ginger-tea-recipe-south-indian-style>

Ingredients:

- 1 cup hot water
- 1 bag ginger tea
- 1 1/2 tablespoons apple cider vinegar
- 1 drop essential oils lemon
- 1 tablespoon raw honey organic
- cayenne pepper optional
- canela optional
- turmeric optional
- cloves optional
- ground ginger optional