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Gluten Free Chocolate Brownies

Yield: 16 min Total Time: 35 min

Recipe from: https://www.recipeschoose.com/recipes/brown-rice-flour-almond-bar-recipe-new-year

Ingredients:

- 1/2 cup almonds whole
- 1/3 cup brown rice flour
- 1 cup bittersweet chocolate chips good quality 60% Cacao
- 6 tablespoons unsalted butter cut into chunks
- 1/2 teaspoon salt
- 3/4 cup white sugar
- 1 teaspoon vanilla extract
- 2 large eggs
- 1 cup walnut or pecan pieces, optional

Nutrition:

- 1. Calories: 220 calories
- 2. Carbohydrate: 21 grams
- 3. Cholesterol: 40 milligrams
- 4. Fat: 15 grams
- 5. Fiber: 2 grams
- 6. Protein: 4 grams
- 7. SaturatedFat: 5 grams
- 8. Sodium: 85 milligrams
- 9. Sugar: 16 grams

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