

Garden Vegetable Pasta Salad

Yield: 10 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-pasta-salad-sour-cream-italian-dressing>

Ingredients:

- 16 ounces rotini pasta cooked
- 1 small onion diced
- 3 stalks celery diced
- 5 carrots diced
- 2 cups broccoli fresh, chopped
- 2 cups cauliflower fresh, chopped
- 1 green bell pepper chopped
- 1 cup cooked ham cubed
- 1 cup shredded cheddar cheese
- 1 cup sour cream
- 1 cup mayonnaise
- 1/2 cup Italian dressing
- 1/2 cup cider vinegar
- 2 tablespoons raw cane sugar

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 49 grams
3. Cholesterol: 40 milligrams
4. Fat: 21 grams
5. Fiber: 4 grams
6. Protein: 14 grams
7. SaturatedFat: 7 grams
8. Sodium: 670 milligrams
9. Sugar: 9 grams

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