

Cheesy Chicken Broccoli Pasta

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/broccoli-pasta-indian-recipe>

Ingredients:

- 1 tablespoon olive oil
- 1 pound chicken breasts boneless and skinless cut into small bite size pieces
- 1/2 teaspoon salt or to taste
- 1/2 teaspoon pepper or to taste
- 1 medium onion chopped
- 4 cloves garlic minced
- 8 ounces pasta uncooked, such as penne, shells, rigatoni, etc.
- 1 cup chicken broth low sodium
- 2 cups milk
- 2 cups broccoli cut into small florets, 1 head of broccoli
- 1/4 teaspoon nutmeg
- 2 cups cheddar cheese shredded

Nutrition:

1. Calories: 720 calories
2. Carbohydrate: 58 grams
3. Cholesterol: 145 milligrams
4. Fat: 30 grams
5. Fiber: 4 grams
6. Protein: 54 grams
7. SaturatedFat: 15 grams
8. Sodium: 900 milligrams
9. Sugar: 12 grams

Thank you for visiting our website. Hope you enjoy Cheesy Chicken Broccoli Pasta above. You can see more 19 broccoli pasta indian recipe Prepare to be amazed! to get more great cooking ideas.