

Broccoli Cheese Casserole

Yield: 12 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/broccoli-and-cheese-thanksgiving-recipe>

Ingredients:

- 3 heads broccoli cut into florets, about 8 cups
- 1/2 cup butter
- 1/2 cup all purpose flour
- 2 cups whole milk cream
- 1/2 teaspoon kosher salt
- 1/2 teaspoon white pepper or ground black
- 1/8 teaspoon cayenne pepper
- 1 cup jack cheese grated Monterrey
- 1 cup sour cream
- 1 cup cheddar cheese grated
- 2 cups buttery crackers crushed

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 50 milligrams
4. Fat: 18 grams
5. Fiber: 5 grams
6. Protein: 11 grams
7. SaturatedFat: 11 grams
8. Sodium: 390 milligrams
9. Sugar: 4 grams

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