

# Broad Bean Pesto

Yield: 4 min  
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-broad-bean-recipe>

## Ingredients:

- 1/4 cup toasted pine nuts
- 3 garlic cloves
- 1 lemon large
- 3/4 cup broad beans cooked, leave the skins on
- 1/4 cup olive oil
- 1 handful basil

## Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 7 grams
3. Fat: 19 grams
4. Fiber: 3 grams
5. Protein: 2 grams
6. SaturatedFat: 2.5 grams
7. Sugar: 1 grams

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