

# Tuscan Inspired Steak and Pasta

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-tomato-and-pepper-steak-on-bread-recipe>

## Ingredients:

- 1 tablespoon extra virgin olive oil
- 1 1/2 pounds steak \* I use New York Strip
- salt
- pepper
- 1 pound cavatappi pasta
- 8 1/2 ounces sundried tomatoes packed in oil
- 15 ounces bertolli ® Organic Creamy Alfredo Sauce
- 3 tablespoons pine nuts
- 3 tablespoons basil \* cut into strips
- 3 teaspoons honey
- 3 teaspoons lemon juice

## Nutrition:

1. Calories: 650 calories
2. Carbohydrate: 106 grams
3. Fat: 18 grams
4. Fiber: 8 grams
5. Protein: 19 grams
6. SaturatedFat: 2 grams
7. Sodium: 360 milligrams
8. Sugar: 8 grams

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