

Indian Goddess Dressing

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-style-salad-dressing-recipe>

Ingredients:

- 1/4 cup plain yogurt
- 2 tablespoons olive oil
- 1 cup cilantro leaves loosely packed, tender stems are ok too if you're using the food processor
- 10 mint leaves optional
- 1 clove garlic optional
- 1/2 teaspoon curry powder
- 1 pinch coarse salt
- 3 black pepper grinds of
- 1 tablespoon lemon juice
- 1 pinch sugar

Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 5 milligrams
4. Fat: 7 grams
5. Protein: 1 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 85 milligrams
8. Sugar: 1 grams

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