

Brazilian Steak with Chimichurri Sauce

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/brazilian-steak-recipe>

Ingredients:

- 3 pounds skirt steak
- 2 teaspoons ground cumin
- 3 teaspoons dried oregano
- 2 teaspoons ground thyme
- 1 lime juiced
- 1/4 cup olive oil
- coarse salt
- freshly cracked black pepper
- 1 cup flat leaf parsley
- 4 garlic cloves finely chopped
- 1/2 cup chopped fresh cilantro this is about 1/2 small bundle of fresh cilantro before chopping it
- 1 teaspoon coarse salt
- 1/2 teaspoon red pepper crush
- 1/2 teaspoon dried oregano
- 1/4 cup red wine vinegar
- 1/2 cup extra virgin olive oil
- 4 tablespoons hot water
- freshly cracked black pepper to taste

Nutrition:

1. Calories: 950 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 195 milligrams
4. Fat: 68 grams
5. Fiber: 2 grams
6. Protein: 73 grams
7. SaturatedFat: 16 grams

8. Sodium: 1030 milligrams
 9. Sugar: 1 grams
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