

Creamy Shrimp Stroganoff

Yield: 2 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/brazilian-shrimp-stroganoff-recipe>

Ingredients:

- 1 pound shrimp deveined, cooked or uncooked, frozen, dethawed
- 14 ounces cream of mushroom soup I also added a few mushrooms
- 1/2 cup sour cream
- 1/3 cup milk
- 1/2 tablespoon lemon juice
- 1 tablespoon olive oil
- 1/2 tablespoon chopped onion
- 2 teaspoons seafood seasoning optional
- 1 teaspoon sea salt optional
- 1 teaspoon pepper
- 1/2 teaspoon garlic powder
- 1/2 teaspoon ginger powder

Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 305 milligrams
4. Fat: 24 grams
5. Fiber: 1 grams
6. Protein: 41 grams
7. SaturatedFat: 8 grams
8. Sodium: 1780 milligrams
9. Sugar: 6 grams

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