

# Brazilian Beans and Rice with Sausage

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/brazilian-sausage-and-rice-recipe>

## Ingredients:

- 2 tablespoons oil
- 1 pound smoked sausage sliced
- 1/2 cup green onion chopped
- 3 cloves garlic minced
- 1 cup rice
- 2 cups chicken broth
- 14 ounces pinto beans drained and rinsed
- salt
- pepper
- 2 bay leaves

## Nutrition:

1. Calories: 740 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 120 milligrams
4. Fat: 58 grams
5. Fiber: 1 grams
6. Protein: 32 grams
7. SaturatedFat: 18 grams
8. Sodium: 2160 milligrams
9. TransFat: 2.5 grams

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