

Red Bean Soup

Yield: 6 min
Total Time: 100 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-red-bean-recipe>

Ingredients:

- 1 5/8 cups red beans
- 3 pieces pandan leaves
- 3/16 ounce dried tangerine peel chenpi ??
- 6 1/3 cups water
- 1 pinch salt
- 3/4 cup rock sugar
- 2 tablespoons sago

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 49 grams
3. Cholesterol: 5 milligrams
4. Fat: 7 grams
5. Fiber: 8 grams
6. Protein: 14 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 130 milligrams
9. Sugar: 14 grams

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