

Pasta for One in 10 Minutes

Yield: 1 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/brazilian-recipe-10-minjtes>

Ingredients:

- salt
- dried pasta
- butter
- grated Parmesan or other aged hard cheese
- black pepper

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 95 milligrams
4. Fat: 30 grams
5. Fiber: 3 grams
6. Protein: 10 grams
7. SaturatedFat: 18 grams
8. Sodium: 1190 milligrams

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