

# Easy Pico de Gallo

Yield: 4 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/brazilian-pico-de-gallo-recipe>

## Ingredients:

- 2 tomatoes medium, seeds removed and diced
- 1/4 onion diced
- 2 tablespoons cilantro
- 1 clove garlic minced
- salt
- pepper
- squirt lime juice, optional

## Nutrition:

1. Calories: 20 calories
2. Carbohydrate: 5 grams
3. Fiber: 1 grams
4. Protein: 1 grams
5. Sodium: 200 milligrams
6. Sugar: 2 grams

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