

Easy Perfect Mahi Mahi

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/persian-mahi-recipe>

Ingredients:

- 2 tablespoons salted butter softened to room temp
- 1 tablespoon chopped chives freshly, or parsley
- 2 tablespoons garlic cloves minced
- 1/8 teaspoon kosher salt
- 1/4 teaspoon freshly ground black pepper
- 1 tablespoon juice from fresh lemon
- 1 tablespoon grated lemon peel
- 2 tablespoons olive oil
- 4 mahi mahi fillets 1-inch thick, 4 oz. each
- kosher salt for fish
- freshly ground black pepper for fish

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 15 milligrams
4. Fat: 13 grams
5. SaturatedFat: 4.5 grams
6. Sodium: 310 milligrams

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