

Perfectly Tender London Broil

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/brazilian-london-broil-recipe>

Ingredients:

- 1/3 cup soy sauce
- 1/3 cup lemon juice
- 1/2 cup olive oil
- 1/4 cup Worcestershire sauce
- 1 tablespoon minced garlic
- 2 tablespoons Italian seasoning
- 1 teaspoon pepper
- 1/2 teaspoon salt
- 1 pinch red pepper
- 2 pounds round steak London Broil

Nutrition:

1. Calories: 710 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 130 milligrams
4. Fat: 54 grams
5. Fiber: 1 grams
6. Protein: 40 grams
7. SaturatedFat: 15 grams
8. Sodium: 1790 milligrams
9. Sugar: 3 grams

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