

Garlic Butter Brazilian Steak

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/brazilian-steak-churrascaria-recipe>

Ingredients:

- 1 pound skirt steak
- pepper
- salt
- 6 teaspoons minced garlic Add half if you like a less garlic flavor
- 1/4 cup chopped parsley plus 1/8 cup
- 5 tablespoons unsalted butter
- salt to taste for the butter

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 105 milligrams
4. Fat: 24 grams
5. Fiber: 1 grams
6. Protein: 25 grams
7. SaturatedFat: 12 grams
8. Sodium: 470 milligrams

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