

Grilled Chicken Caprese

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/brazilian-grilled-chicken-recipe-tomato-basil>

Ingredients:

- 4 chicken breasts
- 1 teaspoon italian seasoning
- 1/2 teaspoon garlic powder
- 1/2 teaspoon onion powder
- salt
- pepper
- 4 slices mozzarella
- 4 slices tomato
- 2 tablespoons basil sliced
- 1/2 cup balsamic vinegar
- 2 tablespoons light brown sugar

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 170 milligrams
4. Fat: 13 grams
5. Fiber: 1 grams
6. Protein: 55 grams
7. SaturatedFat: 6 grams
8. Sodium: 650 milligrams
9. Sugar: 12 grams

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