

Brazilian Collard Greens

Yield: 10 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/authentic-brazilian-collard-greens-recipe>

Ingredients:

- 3 bunches collard greens
- 1/4 cup extra-virgin olive oil
- 3 tablespoons garlic minced
- coarse salt

Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 5 grams
3. Fat: 5 grams
4. Fiber: 3 grams
5. Protein: 1 grams
6. SaturatedFat: 1 grams
7. Sodium: 90 milligrams

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