

Gaucha Steaks with Chimichurri Vinaigrette

Yield: 3 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/brazilian-gaucha-steak-recipe>

Ingredients:

- 1/2 cup extra-virgin olive oil
- 1/4 cup red wine vinegar
- 2 teaspoons chopped garlic
- 1/2 teaspoon red pepper flakes dried
- 1/3 cup cilantro leaves fresh, chopped
- 1/8 cup leaves hoja sante, chopped, optional
- 1/8 cup fresh oregano leaves chopped
- sea salt
- ground pepper
- 1/4 cup fresh parsley leaves chopped
- 8 jalapeno chiles
- 20 cloves garlic
- 2 tablespoons extra virgin olive oil
- 48 ounces steaks about 1-inch thick
- freshly ground pepper
- sea salt

Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 16 grams
3. Fat: 46 grams
4. Fiber: 5 grams
5. Protein: 3 grams
6. SaturatedFat: 6 grams
7. Sodium: 530 milligrams
8. Sugar: 2 grams

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