

Korean Fried Chicken

Yield: 6 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-hot-pepper-paste-recipe>

Ingredients:

- 2 pounds chicken breasts boneless and skinless, cut into 1 inch pieces
- 1 large egg beaten
- 1/2 cup cornstarch
- 1/2 teaspoon salt or to taste
- 1/2 teaspoon pepper or to taste
- 3 tablespoons butter unsalted
- 4 cloves garlic minced
- 1 tablespoon fresh ginger minced
- 1/4 cup honey
- 1/4 cup brown sugar
- 2 tablespoons soy sauce low sodium
- 1 tablespoon rice vinegar
- 1 tablespoon sesame oil
- 2 tablespoons gochujang
- green onions
- toasted sesame seeds
- red chilis sliced

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 145 milligrams
4. Fat: 14 grams
5. Fiber: 1 grams
6. Protein: 34 grams
7. SaturatedFat: 6 grams
8. Sodium: 730 milligrams
9. Sugar: 18 grams

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