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Rabanada (Brazilian French Toast)

Yield: 4 min Total Time: 30 min

Recipe from: https://www.recipeschoose.com/recipes/brazilian-french-toast-recipe

Ingredients:

- 1/4 cup sugar
- 1 tablespoon canela
- 3 cups milk
- 4 eggs
- 1 loaf french bread stale, Italian bread, brioche, or challah, sliced 1 inch thick
- oil for frying, olive or canola

Nutrition:

Calories: 520 calories
Carbohydrate: 72 grams
Cholesterol: 205 milligrams

4. Fat: 15 grams5. Fiber: 3 grams6. Protein: 24 grams

7. SaturatedFat: 3.5 grams8. Sodium: 750 milligrams

9. Sugar: 24 grams

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