

# Sweet Corn Ice Cream

Yield: 4 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/brazilian-corn-ice-cream-recipe>

## Ingredients:

- 4 ears sweet corn shucked
- 2 cups whole milk
- 2 cups heavy cream
- 1 cup granulated sugar
- coarse salt
- 7 large egg yolks

## Nutrition:

1. Calories: 860 calories
2. Carbohydrate: 62 grams
3. Cholesterol: 575 milligrams
4. Fat: 65 grams
5. Protein: 11 grams
6. SaturatedFat: 39 grams
7. Sodium: 320 milligrams
8. Sugar: 57 grams

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