

Quindim (Brazilian Coconut Custard)

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/brazilian-coconut-custard-recipe>

Ingredients:

- unsalted butter
- sugar
- 10 large egg yolks at room temperature
- 3 5/8 ounces shredded coconut or 100 gr.
- 1 ounce coconut milk or 200 ml. About 3/4 cup plus 2 Tbsp
- 1 cup sugar FOR KETO, use monkey fruit
- 1 teaspoon orange liqueur or vanilla extract OPTIONAL

Nutrition:

1. Calories: 510 calories
2. Carbohydrate: 71 grams
3. Cholesterol: 535 milligrams
4. Fat: 23 grams
5. Fiber: 3 grams
6. Protein: 8 grams
7. SaturatedFat: 14 grams
8. Sodium: 95 milligrams
9. Sugar: 65 grams

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