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Mixed Citrus Salad With Feta And Mint

Yield: 4 min Total Time: 25 min

Recipe from: https://www.recipeschoose.com/recipes/japanese-citrus-dressing-recipe

Ingredients:

- 4 tablespoons red onion cut into tiny bits
- 4 pieces citrus preferably a mix of grapefruits and oranges but use what you can get, and what you like to eat, spoiled by the spread...
- 1 tablespoon red wine vinegar or lemon juice
- 1 teaspoon Dijon mustard smooth
- 1 tablespoon olive oil
- salt
- freshly ground pepper
- 4 tablespoons feta cheese chopped or crumbled
- 1 tablespoon fresh mint chopped or cut into tiny slivers

Nutrition:

- 1. Calories: 70 calories
- 2. Carbohydrate: 3 grams
- 3. Cholesterol: 10 milligrams
- 4. Fat: 6 grams
- 5. Fiber: 1 grams
- 6. Protein: 2 grams
- 7. SaturatedFat: 2 grams
- 8. Sodium: 300 milligrams
- 9. Sugar: 1 grams

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