

Brazilian Grilled Chicken (Frango Churrasco)

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/brazilian-grilled-churrasco-recipe>

Ingredients:

- 3 pounds chicken
- 2 cloves garlic crushed
- 1 tablespoon olive oil
- 1 tablespoon paprika
- 1 teaspoon dried chili flakes
- 2 tablespoons paprika paste
- 4 tablespoons piri-iri sauce
- 1 tablespoon lemon juice
- salt
- pepper

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 220 milligrams
4. Fat: 14 grams
5. Fiber: 2 grams
6. Protein: 69 grams
7. SaturatedFat: 4 grams
8. Sodium: 580 milligrams
9. Sugar: 2 grams

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